



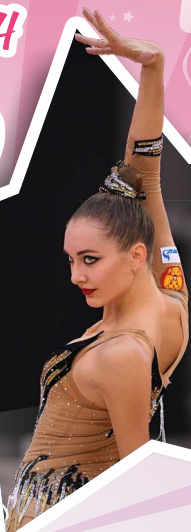
INTERNATIONAL SPORTS CAMP
FOR RHYTHMIC GYMNASTICS
WITH TEAM PIROUETTE IN TURKEY

July 5-14

Camp in Turkey

Training with
Olympic
champion

Maria Tolkacheva
every day



6 training
hours per day



Turkey, Gloria sports arena

 [sc_pirouette](https://www.instagram.com/sc_pirouette)

 rg-camp.ru

Dear friends!

We are pleased to invite everyone to participate in the
RG International Pirouette camp
with Olympic champion

Maria Tolkacheva

under the guidance of the international sports club Pirouette.

Our camp is a great opportunity to combine relaxation by the sea with the chance to improve a gymnast's level, work with an Olympic champion and receive personal recommendations for routine improvement.

The camp will take place at the Gloria Sports Arena, a sports facility equipped with everything necessary for an excellent training process and leisure activities.

[▶ Video about the camp](#)

[▶ Video about the facility](#)



TEAM:

During our training camps a large friendly team of coaches from the Pirouette rhythmic gymnastics club will be working with the girls. Additionally, at each training Olympic champion **Maria Tolkacheva** will be coaching the gymnasts.



MARIA TOLKACHEVA

Honored Master of Sports
in rhythmic gymnastics,
multiple world and European champion.
Olympic champion (2016)
in group exercises.

ABOUT THE FACILITY:

- ★ Gloria Sports is the largest sports facility in Turkey. The total area of the territory is 105,000 square meters.
- ★ The facility was opened in January 2015.
- ★ A modern sports complex in Belek, Antalya, with a very favorable climate for sports activities.
- ★ The complex infrastructure has everything necessary for training camps and competitions. The sports facilities have international certificates and are designed for year-round use.



SPORTS HALL:

The facility has a sports hall on its territory, fully equipped for rhythmic gymnastics training, as well as air conditioning to make training comfortable even during the summer days.



ACCOMMODATION AND RESTAURANTS:

The complex owns a hotel capable of accommodating both athletes and accompanying individuals. The rooms are equipped with everything necessary for comfortable stay:

- ★ Standard double rooms and standard triple rooms are provided.
- ★ Daily cleaning and linen change are included.
- ★ The complex's restaurants offer all-inclusive dining options.



EVENTS AND LEISURE:

**The distance to the beach is 1 km.
The hotel provides shuttle services.**

The unique climate, shallow sea floor and fine sand make for a comfortable beach experience. The beach is equipped with everything needed for a comfortable stay. For our athletes, access to the services of **Gloria Hotel&Resort** chain will be available: pool, beach and towel service.



Additionally:

On the territory of the complex you can use services such as a sauna, gym, sports pool, massage room.

ACCOMMODATION OPTIONS AND COST:

1 CHILD (GYMNAST) accommodation: Double room or triple room	1 ADULT + 1 CHILD (GYMNAST)	2 ADULTS + 1 CHILD (GYMNAST)	1 ADULT + 2 CHILDREN (GYMNASTS)
1990 €	3340 €	4240 €	4490 €

**ATTENTION! Flight ticket is not included in the camp fee!
You can travel independently or with a group.**

PLACES ARE LIMITED!

THE CAMP FEE INCLUDES:

- ★ Accommodation at the hotel Gloria Sports Arena
- ★ All-inclusive meals
- ★ Training process
- ★ Training uniform
- ★ Certificate of participation, medal
- ★ Group photo and video shooting

CAMP PROGRAM:

- ★ Apparatus training, studying new risks and apparatus difficulties;
- ★ Special physical training;
- ★ Warm-up with apparatus;
- ★ Practicing and improvement routines with Maria Tolkacheva;
- ★ Creating new routines;
- ★ Additional personal training sessions.

TRAINING SCHEDULE FOR THE DAY:



Morning Jog

06:30 - 07:30

Training 1

09:00 - 12:00

Training 2

13:30 - 15:30

PAY ATTENTION! The schedule may be adjusted!

IMPORTANT INFORMATION ABOUT THE CAMP:

- ★ Groups of no more than **12 participants!** Individual approach to each gymnast.
- ★ Gymnasts born in **2019 and older** can participate in the camp.

SPECIAL OFFER FOR TEAMS:

We invite teams to participate in our camps. We offer teams of at least 6 people accompanied by their own coach to participate in our camps.

LIMITED NUMBER OF TEAMS!

PARTICIPATION TERMS AND BOOKING:

Pre-registration is mandatory!

Pre-registration	until March 1, 2024	50% prepayment
Final registration	until June 1, 2024	final payment

PARTICIPANT REGISTRATION:



Visit the link

rg-camp.ru

Or scan the code

For all inquiries related to the camp, program,
booking and payment, please call:

+7 923 497 48 04 Julia

See you at the training camp!